



THE CUENCA FOUNDATION

JULY 2025

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Change Starts With A Full Plate

Each month, The Cuenca Foundation distributes nearly 4,000 pounds of food to families in need, transforming lives one food kit at a time.

For families living in crisis, these kits do more than fill empty stomachs. They ease the daily struggle for survival, creating space to work towards stability. When food is no longer a daily worry, parents can focus on finding work, supporting their children's education, and rebuilding their futures.

Food security is just the beginning. Participants are supported by a social worker. Women and girls receive hygiene kits. Mothers and babies get essential care. Young people are empowered with early childhood and reproductive health education. All of this begins with one simple but powerful act: providing a family with the food they need.

Just \$30 provides a month of nourishment, support, and opportunity for one family.

Your monthly gift ensures that this vital lifeline continues. Please invest in their future today.

Your Support Means the World to 200 Young Learners

This school year looks brighter for nearly 200 students all because of you.



With pencils sharpened, and notebooks in hand, each child is walking into the classroom with confidence and pride. For many of these students, this is the first time they've had the supplies they need to fully participate and feel prepared.

Your support has removed a major barrier to learning. It has turned stress into excitement, hesitation into motivation, and uncertainty into opportunity.

Little Sara sends her heartfelt thanks – and she speaks for nearly 200 young learners who now have a real chance to thrive.



HeartStrings in Action

Keeping Cuenca Warm

In June, The Cuenca Foundation's HeartStrings crew handed out over 500 handmade hats to help fend off the Andean chill! From toddlers to elders, every hat found a head and every gift brought a smile.

Each colorful hat was lovingly made by our dedicated yarners using donated yarn. By the end of July, these prolific knitters had created enough hats to donate to Hogar Miguel León, an orphanage and home for the elderly.

HeartStrings exemplifies TCF's commitment to community engagement and its support for like-minded foundations.

EVENTS & OPPORTUNITIES

SATURDAY MOVIE

Freakier Friday

10:30 AM

Milenium Plaza

Tickets: \$9.00

Reservations: info@cuencacarshare@gmail.com

A portion of the proceeds benefit TCF

HEARTSTRINGS

Knitting group creating
warmth for those in need:

babies ○ new mothers ○ children ○ the elderly ○ the ill
Join us: Mondays, noon, La Yunta

CELEBRATION!

Providing cakes and gifts for children on
their special day

Join the party at info@cuencafoundation.org

we rise by lifting others

Robert Ingersoll



info@cuencafoundation.org