



THIS ISSUE

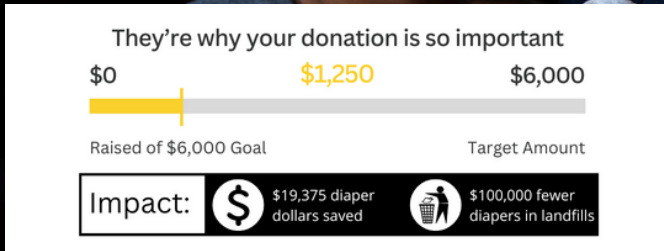
APRIL 2024:

DIAPER A BABY FOR \$100:
HELP PEOPLE AND THE PLANET!

UNLOCKING THE FUTURE
FOR MATY

VOLUNTEER SPOTLIGHT:
KIKI AND GARY DOTZLER

EVENTS AND OPPORTUNITIES



\$100 Keeps Babies And The Planet Healthy!

Hygiene products are a luxury for CSK beneficiaries so each year CSK reaches out to you for help.

Many vulnerable families must reuse disposable diapers and many girls and women use rags and leaves during their cycles. Girls often miss school because they don't have access to hygiene products.

This year, with your help, CSK will equip all of our babies, girls, and women with eco-friendly, reusable hygiene supplies and the education they need to stay healthy, sexually safe, and to miss fewer days of school.

These \$100 diaper kits last approximately three years. The \$45 feminine hygiene kits last five to seven years. All kits are distributed at physician-led workshops which provide accurate reproductive information, reducing the high rates of teen pregnancy, and keeping babies, girls, and women healthier. These workshops often uncover sexual abuse and the beneficiaries affected are immediately connected with a social worker.

CSK's \$6,000 goal saves \$93,000 and keeps 480,000 disposable diapers out of the environment. All profits from CSK's *People and the Planet* event (for details see Events & Opportunities page) will go towards providing kits to our beneficiaries. Additional donations are welcome.





Unlocking Maty's Bright Future!

Emilio Morocho introduced us to Maty. Maty is 11 years old and very, very smart. His scores are always excellent and this is a great source of joy for his parents. Maty is also blind. It is one reason his parents see his education as key to his bright future.

Maty needed a computer to keep up with his courses and his parents were thrilled when one was donated but the charging cord was broken. Without the computer Maty's grades began to slip and his parents became very concerned.

CSK enlisted the help of Leonardo Durán "The Tech Guy" who discovered that the operating system was too old to be supported - yet another hurdle. However, Emilio, Leo, and CSK will deliver a fully working computer and the additional support that Maty needs to study and create a bright future for himself and peace of mind for his parents.

Support CSK and change more futures!





Louise and Luna: Volunteers From Belgium!

"We are Luna and Louise, two Belgian students who had the opportunity to spend six months in Ecuador for our internship from the Belgian University. For us, traveling is a very enriching experience. Meeting new people in a new environment gives meaning to our lives. Taking the adventure and exploring new places in this world is our greatest passion. We realize that traveling this way is a privilege, and so we are always trying to find ways to be meaningful to people who do not have these privileges.

During our stay in Ecuador, we learned about the Cuenca Soup Kitchen, an experience that will remain very dear to us. We immediately noticed how many people stood in line for a food package. This made us realize that even food cannot always be taken for granted, and that the work at the Cuenca Soup Kitchen is invaluable. We have enormous respect and admiration for the team who manage to put smiles on people's faces, and do so with full enthusiasm.

Unfortunately, it will soon be time to return to Belgium. We will miss Ecuador and our experiences here. But it is not goodbye, but rather see you soon.

» love «

VOLUNTEER OPPORTUNITIES:

BIRTHDAY IN A BAG!

Our abuelitas provide cakes and gifts for children
on their special day
Join the party!

info@cuencasoupkitchen.org

HEARTSTRINGS

Our HeartStrings knitting group creates
warmth for those in need:

babies
new mothers
children
the elderly
cancer patients

Join us

info@cuencasoupkitchen.org

we rise by lifting others

Robert Ingersoll

thanks for lifting others with us



info@cuencasoupkitchen.org