



JANUARY 2024  
Cuenca, Ecuador

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[cuencasoupkitchen.org](http://cuencasoupkitchen.org)

## CSK Welcomes Hundreds Of New Beneficiaries

People helping people. A new year means new opportunities and CSK is committed to providing opportunity to hundreds of new beneficiaries in need of a hand up. Families and individuals have been screened, vulnerabilities have been assessed, and food kits have been prepared.

CSK not only provides food kits, it also provides other essential services:

- Hygiene products and education: CSK teams with an Ecuadorian company to distribute reusable biodegradable hygiene products and diapers at physician-led workshops. These products save money, improve health, keep girls in school, and reduce impact on landfills.
- School supplies: Because access to education is a globally-recognized solution to the cycle of poverty, CSK requires school-age beneficiaries to attend school and is committed to providing the tools they need for educational success.

In a world full of unknowns, CSK is committed to increasing meaningful opportunities for both beneficiaries and supporters: People helping people.





Hospital  
Humanitario  
FUNDACIÓN PABLO JARAMILLO C.

## A Young Mother's Cancer Journey

Norma has cancer. She is a single mother in her 30s and she and her five-year-old child are dealing with this challenge in addition to the hunger that is an inevitable product of great poverty. Norma has cancer: cancer of the stomach, cervix, and rectum. SOLCA has no money to treat her and she is on a long wait list for the public hospital. In the meantime, She supports her child by selling garbage bags on the streets and with the food provided by CSK. Even this is a struggle because of the physical effects of the cancer.

It is not likely that Norma will beat the cancer but partnering with Fundación Pablo Jaramillo makes her journey easier. With their help, she has a greater quality of life and the ability to care for her child, an immeasurable gift.

There are some very real ways to support Norma and the many others who need a hand in hard times:

- **P Squared Pan and Mamacitas:** Home made bread, bagels, crackers, sauerkraut, peanut butter, and sweet confectionary - providing free delivery. All profits support CSK.  
To order WhatsApp:098-108-7606
- **HeartStrings:** CSK's knitting and craft group is accepting donations of yarn so they can continue to donate soft hats to many, including Norma. They also invite you to join their weekly lunches.  
Email: [ciaopamela@hotmail.com](mailto:ciaopamela@hotmail.com)
- **Monthly membership:** This is the heart of CSK's budget and directly determines how many people are helped. Changes lives - click the button below.

People helping people. Thank you.







*Bill O'Brien of CSK accepts Christmas donation from Attorney Sara Chaca of Ecuador Visas.*

## Local Attorney Supports CSK

A big “thank you” to Attorney Sara Chaca of Ecuador Visas. Her \$1,000 donation allowed CSK to purchase 200 fresh chickens which were packed with additional fresh veggies, milk, sweet treats, and other extras in our beneficiaries’ Christmas Dinner food kits.

For more information about how you can support nutrition, education, and hygiene year round, email: [info@cuencasoupkitchen.org](mailto:info@cuencasoupkitchen.org)





*Reverend Phil Kennemer*

## **Supporter Spotlight:** **ICC** International Christian Community

International Christian Community (ICC) officially began in June of 2012 and has been a force for good in Cuenca ever since.

ICC began supporting the Cuenca Soup Kitchen six years ago. Their financial commitment has provided nutritional support for hundreds of families, giving vulnerable people the opportunity to create better futures for themselves.

ICC members have also donated countless volunteer hours not only in CSK's food program but also in the Abuelita Birthday program for children, our school supply program, and our Christmas program which provided joy to 242 disadvantaged and disabled young people in 2023.

In addition to supporting CSK, ICC supports four other foundations in Cuenca. ICC also loans medical aid equipment and maintains an English Medical Information Website: [cuencamedicalresources.com](http://cuencamedicalresources.com).

Reverend Phil Kennemer has been the pastor at ICC since 2015.



# VOLUNTEER OPPORTUNITIES:

## BIRTHDAY IN A BAG!

Our abuelitas provide cakes and gifts for children  
on their special day  
Join the party!

[info@cuencasoupkitchen.org](mailto:info@cuencasoupkitchen.org)

## HEARTSTRINGS

Our HeartStrings knitting group creates  
warmth for those in need:

babies  
new mothers  
children  
the elderly  
cancer patients

Join us

[info@cuencasoupkitchen.org](mailto:info@cuencasoupkitchen.org)

**we rise by lifting others**

Robert Ingersoll

**thanks for lifting others with us**



[info@cuencasoupkitchen.org](mailto:info@cuencasoupkitchen.org)

# You are the first step in their success stories

*giving \$25 per month  
supports a family with food kits for a month*

Bank Transfer (Ecuador only):

Hearts of Gold, Cuenta de ahorros JEP

Account number: 406079928700

RUC number: 0190395251001

***please inform us ([info@cuencasoupkitchen.org](mailto:info@cuencasoupkitchen.org)) if you use this option***

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PayPal

**[jeffrey@jlsdesigns.net](mailto:jeffrey@jlsdesigns.net)**

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Online (tax deductible donations):

**[cuencasoupkitchen.org](http://cuencasoupkitchen.org)**

Thank you for making all of this possible!

Des Dizney, Bill O'Brien, and Smith  
Directors, Cuenca Soup Kitchen



in partnership with



[info@cuencasoupkitchen.org](mailto:info@cuencasoupkitchen.org)