

MAY 2023

THIS ISSUE

BUILDING COMMUNITY, GIVING WARMTH
EMILIO MOROCH: A CUENCA STANDOUT
OPPORTUNITY: PEOPLE AND THE PLANET

cuencasoupkitchen.org



HeartStrings: A Community of Caring

Cuenca Soup Kitchen's HeartStrings project provides an intersection where friendship, and skill meet real need...and the impact is HUGE!

All year HeartStrings members meet to knit, crochet, and craft. Newcomers are welcomed and skill level is no object. There is always someone willing to teach. The group also maintains a lending library of needles, hooks and other supplies.

HeartStrings is in need of yarn and will turn your donations into warm hats and scarves for children, layettes for babies, as well as lap robes and soft knit caps for the elderly and the ill. These will be shared with our beneficiaries, as well as orphanages and other groups.

Expand your circle of friends and make a tangible difference in the world with HeartStrings! For more information email info@cuencasoupkitchen.org.



Let's Go To The Movies!

thumbnail of the video clip for the trailer here:
<https://www.youtube.com/watch?v=Mh2pTY3ZRYo>

Emilio Morocho and Cuenca Car Share are giving again! This time you have the opportunity to see **John Wick 4 2D** and the profits as well as any additional donations will go to CSK!

The showing is Saturday April 1st at 10:30 am at the Multicines at Milenium Mall.

Tickets are \$7.00 and are available at Sunrise Café Thursday, March 30th from 9 to 11 am.

You can also reserve your tickets by contacting cuencacarshare@gmail.com.

Be sure to arrive at the theater at least 30 minutes before showtime to get the best seats.



PROJECT: PEOPLE AND THE PLANET

CSK's innovative solution



New beneficiaries bring new opportunity for positive impact.

The planet cannot carry more waste and CSK beneficiaries cannot afford to buy diapers and feminine hygiene products. There are innovative solutions and CSK is investing in them.

CSK is saving thousands of dollars and significantly reducing our impact on landfills by investing in reusable/biodegradable diapers from Gelwear, an Ecuadorian company.

Hygiene kits cost \$30, last 5 years, and contain reusable pads, panties, and a carry bag. Kits save \$240 per woman every five years and keep 1,450 pads out of landfills. Access to hygiene kits keeps girls at school and women at work according to the World Health Organization. Our kits are distributed in reproductive health and contraception workshops led by Dr. Maité Depreeuw.

Diaper kits cost \$100, last two to three years, contain 2 shells and 12 pads, save \$2,500 per child, and keep 7,000 diapers per child out of landfills! Gelwear diapers biodegrade 100 times faster than disposable diapers.

Long-lasting eco-friendly diapers and hygiene products produced in Ecuador, provide a win, win, win by investing in the future of our planet, the health of our neighbors, as well as the local economy.

Supporter Spotlight: Emilio Morocho



Emilio Morocho has always been actively involved in helping both his fellow countrymen as well as those of us who are lucky enough to now call Cuenca home.

Emilio provides regular social media updates in English on important news and events. His posts include:

- information on road conditions and the impacts of weather and landslides on travel
- practical updates on changing regulations

In addition, his monthly movie events provide much needed funding for the CSK food program. Emilio's generosity has sponsored four families for the last two months.

Emilio invites you to join him at Millenium Mall at 10:30 on June 10th. This month's movie will be "Fast X", the most recent offering in the "Fast and Furious" Franchise. Emilio encourages you to reserve your \$7.50 tickets by emailing cuencaacashare@gmail.com

Thank you, Emilio, for the care you show everyone in our community!

EVENTS & OPPORTUNITIES:

MOVIE FUN DAY!

Fast X, Saturday June 10th at 10:30 am at Millenium
Mall, tickets \$7.50 Sunrise Cafe
Friday June 2nd and Friday June 9th from 9 to 11 am.

OR

email cuencacarshare@gmail.com

PROJECT: PEOPLE AND THE PLANET

Your support makes a direct and impactful
difference to babies, girls, women, and the PLANET!
Let's celebrate that

To date this CSK campaign has saved over \$34,380
and kept 171,900 disposable diapers out of landfills!

Tickets and/or donations via
PayPal: jeffrey@jlsdesigns - please note HYGIENE
PROJECT and provide YOUR EMAIL for confirmation.

PayPal: jeffrey@jlsdesigns

we rise by lifting others

Robert Ingersoll

thanks for lifting others with us



info@cuencasoupkitchen.org

You are the first step in their success stories

*giving \$25 per month
supports a family with food kits for a month*

Bank Transfer (Ecuador only):

Hearts of Gold, Cuenta de ahorros JEP

Account number: 406079928700

RUC number: 0190395251001

please inform us (info@cuencasoupkitchen.org) if you use this option

PayPal

jeffrey@jlsdesigns.net

Online (tax deductible donations):

cuencasoupkitchen.org

Thank you for making all of this possible!

Des Dizney, Bill O'Brien, and Smith
Directors, Cuenca Soup Kitchen



in partnership with

