

PROVIDING FOOD AND A FUTURE

cuencasoupkitchen.org



Update: Small Group Effects Big Change

When the Cuenca Soup Kitchen directors learned that a family in our program that faces enormous health challenges was living in squalid, unsafe conditions, we decided that a solution was needed. CSK volunteers were notified and formed an independent group committed to personally rent, utilities, and other expenses so that the family could live in a better, safer environment.

Jhoni (11) and Sami (6) both have osteogenesis imperfecta (severe brittle bone disease). Sami also has cerebral palsy and half of Jhoni's brain is undeveloped. Their father, the breadwinner of the family, died last October of brain cancer, leaving Jhoni, Sami, their two older siblings, and their mother to find a way to survive on the \$240 provided by the government.

This volunteer group is committed to the wellbeing of this family for the long term. In addition to providing much needed medicine, this independently funded initiative has moved the family to a clean and safe home - one with hot water, a bathroom, lights, and rat-free. In addition, the volunteer initiative is committed to providing diapers, a special diet for Sami, and other necessities that are unaffordable on their limited government stipend.

For more information email info@cuencasoupkitchen.org.

Carnaval: Foam, Fun, and Food!

What is the best way to celebrate Carnaval?

Get out in the middle of it!

The Cuenca Alpaca Hash House Harriers donned red dresses (or red 'attire'), picked up their water guns and cans of foam and joined the children of Cuenca to play! These shenanigans were a charity event for CSK that raised enough to feed 50 hungry people for a month.

Foam, fun, and food - what a great way to spend Carnaval!



Volunteer Spotlight: Karen, Ingrid, and Ina



Karen Johanne Brenne, Ina Maria Berrefjord, and Ingrid Sæle are three 21 year old girls from Norway who are traveling the world for ten months. So far they have been to Nepal, Cambodia, Indonesia, Kenya, and now Ecuador.

The three met at The Outreach Center in Norway in 2020. There they were supposed to do their outreach in Nepal and Cambodia, but they ended up going to different places in Norway because of COVID.

They wanted to travel before studying. With a little inspiration from a book they decided to go backpacking together. Their goal was to learn more about different cultures and volunteer where they could.

They have a few more months to travel before they return to Norway to begin their studies. "So far it has been a little intense, but an amazing journey. We have met so many inspiring people, and visited many great projects. We have learned and are still learning a lot. We are so blessed and thankful for the opportunities we have been given," say Karen, Ina, and Ingrid.

It has been a pleasure to have them working with us at CSK for the past six weeks and we hope to see them on their next trip through Ecuador!

VOLUNTEER OPPORTUNITIES:

BIRTHDAY IN A BAG!

Our abuelitas provide cakes and gifts for children
on their special day
Join the party!

info@cuencasoupkitchen.org

HEARTSTRINGS

Our HeartStrings knitting group creates
warmth for those in need:

babies
new mothers
children
the elderly
cancer patients

Join us

info@cuencasoupkitchen.org

we rise by lifting others

Robert Ingersoll

thanks for lifting others with us



info@cuencasoupkitchen.org

You are the first step in their success stories

*giving \$25 per month
supports a family with food kits for a month*

Bank Transfer (Ecuador only):

Hearts of Gold, Cuenta de ahorros JEP

Account number: 406079928700

RUC number: 0190395251001

please inform us (info@cuencasoupkitchen.org) if you use this option

PayPal

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Online (tax deductible donations):

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Thank you for making all of this possible!

Des Dizney, Bill O'Brien, and Smith
Directors, Cuenca Soup Kitchen



in partnership with

